The Gender and Intercultural Awareness Network



A Grundtvig Learning Partnership Resource for Teachers and Trainers

By ACCP, Vallodolid, Spain CEMEA Aquitaine, Bordeaux, France CEMEA Piedmonte, Torino, Italy Waterford One World Centre, Waterford Ireland



Education and Culture Lifelong learning programme GRUNDTVIG

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Introduction

Welcome to the Gender and Intercultural Awareness Project. This training manual is the result of a two year Grundtvig Learning Partnership which included partners from France, Ireland, Italy and Spain. We would like to acknowledge our funders without whom this work would not have been possible.

As an inter-European project we encountered some difficulties primarily with communication given the language differences, but ultimately found that we had more in common than we had in difference. The aim of this project was to work in partnership to improve the quality of educational materials available to teachers and trainers who wish to erase the gender and cultural biases that are present within our educational settings.

The organisations that contributed to this project are:

CEMEA Aquitaine, France: CEMEA Aquitaine focuses on the training of adults, trainers and educators who work with, among others, people at risk (young people suffering social exclusion, the handicapped, migrants, refugees) and has a particular interest in educational methods that promote equality between men and women.

Waterford One World Centre, Ireland: The WOWC is a Development Education Centre whose mission is to work in partnership with local, regional, and global communities to educate and empower people to take action on issues of social justice and human dignity. We work in the formal and non-formal sectors through workshops and events that focus on development issues.

CEMEA Piemonte, Italy: CEMEA Piemonte is a non-governmental organisation that works in the social field including education, leisure, early childhood education, sustainable development, scientific activities and media education. We are involved in many areas through our teacher training programme but also take direct action in the field of education.

Asamblea de Cooperacion Por le Paz, Spain: ACPP's aim is to promote tolerance, solidarity and intercultural attitudes as well as fighting racism and xenophobia so that our society takes an active role in the defence of human rights. Our educational projects want to bring a new approach about how social justice issues are dealt in the educational programs, introducing new pedagogical tools that increase the participation of all the actors involved in the educational system. This document is designed with teachers and trainers in mind and as such is meant to be a working document that is easy to use. It is divided into four colour-coded sections: introductory/ice-breaker activities; action lessons; reflective lessons; and evaluation. It is recommended for each class/workshop that users take one lesson from each section but you are encouraged to adapt this document to suit your particular needs.

The Waterford One World Centre would like to thank Rebecca O'Halloran of the Africa Centre and Alan Hayes of the National Youth Council of Ireland for their work on this project. Additionally, we would like to thank the Waterford Area Partnership for their financial support which facilitated the piloting of this work.

We hope that you find this work interesting and helpful.

 \sim The Gender and Intercultural Awareness Network



Glossary

Culture: The behaviour and beliefs of a particular social or ethnic group

Discrimination: Unfair treatment of a person, or group of people, based on prejudice

Equality: Having identical rights and privleges

Feminism: Advocates legal and social equality between women and men

Gender: The socially constructed behavioural, cultural, or psychological traits typically associated with one sex

Immigrant: One who migrates to another country, usually for permanent residence

Intercultural: The interaction between two or more cultures

Minority: A group differing, especially in race, religion, or ethnic background, from the majority population

Multicultural: Several different cultures or ethnicities living side-by-side

Racism: Hatred or intolerance of another race or races

Sex: The physical characteristics that distinguish male and female

Sexism: Discrimination based on a person's sex

Sexuality: How people experience and express themselves as sexual beings

Socialisation: Process whereby an individual acquires a personal identity and learns the norms, values, behaviour, and skills appropriate to his or her role in society

Stereotype: An oversimplified or biased mental picture held to characterize the typical individual of a group

Tolerance: Fair and objective attitude toward those whose opinions, practices, race, religion, nationality, etc., differ from one's own



Important Dates Ireland Italy Historical Spain France Highlights Right to Vote for 1918 (limited) 1946 1944 1931 1922 (full) Women Legalisation of No legislation 1985-2010 1975 1978 Abortion to date Legalisation of 1975 1996 1970 1981 Divorce End of Ireland did not 1962 1944 1898 Colonisation have colonies 1st Woman None to date 1918 None to date 1948 Nationally Elected Mixed Gender 1886 1831 National 1962 1970 Schools/1870 Education 3rd level Political Gender 2000 None 2004 1991 Parity Legislation to date Equal Pay 1946 1975 Nonel None Legislation to date to date Ministry of 1995 2008 2005 1919 Equality 1st Person of None to date None to date None to date None to date Colour Nationally Elected Maastrich's Treaty 1992 1992 1993 1996 Ratified Euro Zone 2000 2002 2002 2002 Entry Established Right 1951 1951 1984 1948 to Asylum

Immigration Statistics				
Immigration Statistics	France	Ireland*	Italy	Spain
Total Population 2010	65000000	4470700	60387000	47021031
Total Immigration 2010	180000	114000	328000	17067
Total Immigrant Population	6700000	465330	4563000	4926608
Largest immigrant nationalities	Portugal Algeria Morocco Turkey	UK Poland Lithuania Nigeria Latvia	Romania Albania Morocco China Ukraine	Romania Morocco Ecuador Colombia UK
Largest Religious Groups	Roman Catho- lic, Muslim, Protestant, Jewish**	Roman Catho- lic, Church of Ireland, Muslim	Roman Catho- lic, Muslim, Protestant, je- hova's Witness	Roman Catho- lic, Agnostic, Muslim

*Based on figures from the 2006 Census ** The French principle of Laicite does not endore any religion and as such the French government does not keep records on religious matters.



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Gender and Intercultural Awareness Network Introductory/Icebreaker Lesson 1: K-W-L

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Name of Activity:	K-W-L (What I Know, What I Want to Know, What I Learned)
Objectives:	 To activate participant's knowledge about the subject; To allow participants to assess what they have learned throughout the workshop.
Time:	5 minutes at start of session; 5 minutes at end of session.
Materials:	Attached K-W-L sheet
Directions:	 Facilitator introduces the topic of the workshops to participants. Facilitator distributes K-W-L sheet and asks participants to fill out first two sections:
	<u>What I Know</u> : Participants should be asked to write down any thing they know about the topic, one word responses or short phrases are good.
	<u>What I Want to Know</u> : Participants should be asked to think about what they would like to know or would like to learn about the topic.
	3. At the close of the session, participants should revisit the sheet and fill in the last column, What I Learned from the workshop.
	Note: These sheets, if collected from participants, also act as an evaluation of the learning that took place in the workshop.

K-W-L

Please fill out the first two columns. You can describe what you know or want to know about today's topic. At the end of this unit, you will receive this form back and fill in the final column.

K	W	L
What I Know	What I Want to Know	What I Learned



Gender and Intercultural Awareness Network Introductory/Icebreaker Lesson 2: Birthday Line-Up

Y N	
Name of Activity:	Birthday Line-Up
Objectives:	 To allow participants to introduce themselves and feel comfortable in the workshop. To demonstrate that there are things all people share regardless of where they are from or what gender they are.
Time:	5 minutes
Materials:	None
Directions:	 Participants are asked to arrange themselves in the order of their birthdays, no birth years are required. Ask participants if there is anything that they like or dislike about their birth month.



Gender and Intercultural Awareness Network Introductory/Icebreaker Lesson 3: Know Your Potato

Name of Activity:	Know Your Potato
Objectives:	 To allow participants to feel comfortable with each other and the workshop setting. To demonstrate how alike and how different all people are.
Time:	5 minutes
Materials:	Sack of potatoes (or other items such as rocks, leaves, etc.)
Directions:	 Participants are asked to take a potato from the sack in the middle of the room and examine it closely, taking note of its details. Put all of the potatoes back into the sack and mix around. The facilitator puts all of the potatoes on the floor and participants are asked to find their original potato.



Gender and Intercultural Awareness Network Introductory/Icebreaker Lesson 4: Globingo

Name of Activity:	Globingo
Objectives:	 To promote group interaction; To highlight the similarities of our global experiences.
Time:	30 minutes
Materials:	Peter's Projection World Map Globingo Pages Pens Push Pins Coloured thread
Directions:	 Give each participant the two Globingo sheets (included here) Ask participants to find someone in the group who can answer the questions; once they have found an answer they can write it on the Globingo sheet The first person who fills in their sheet, shouts 'Globingo'! Facilitator asks participants to discuss the types of interactions they had, for example, was it easier to find commercial connections? Or was the media the strongest unifier? Using the Peter's Projection, the facilitator asks participants to put push pins on the countries that were mentioned during Globingo. The facilitator then connects the push pins with coloured thread to express these global connections in a visual way. Note: Facilitators should modify the Globingo questions based on the group that you are working with.



Gender and Intercultural Awareness Network Introductory/Icebreaker Lesson 4 continued: Globingo

Find Someone Who...

- A. Has been overseas
- B. Writes emails to someone who lives in another country
- C. Is learning a foreign language
- D. Has family living in another country
- E. Has helped a foreign person (e.g. giving directions)
- F. Likes a band from another country
- G. Wears clothing made in a different country
- H. Enjoys traditional food from another country
- I. Can name a famous sportsperson from another country
- J. Owns a car made in a different country
- K. Has spoken with someone who has lived in another country
- L. Speaks two or more languages
- M. Has read a book by an author from a different country
- N. Has recently learned something about a foreign country on TV
- O. Has an appliance at home made in a different country
- P. Has a mother or father that was born in a different country

GLOBINGO

А	В	С	D
Name:	Name:	Name:	Name:
Country:	Country:	Country:	Country:
E	F	G	Н
Name:	Name:	Name:	Name:
Country:	Country:	Country:	Country:
1	J	К	L
Name:	Name:	Name:	Name:
Country:	Country:	Country:	Country:
М	N	0	Р
Name:	Name:	Name:	Name:
Country:	Country:	Country:	Country:



Gender and Intercultural Awareness Network Introductory/Icebreaker Lesson 5: The Story of Your Name

Name of Activity:	The Story of Your Name
Objectives:	 To introduce members of the group and create a safe environment; To recognise the influence of culture on people's personality.
Time:	5 to 10 minutes
Materials:	None needed
Directions:	1. Participants are asked to place their chairs in a circle 2. Depending on the size of the group, each person is asked to tell the story of their name (local or family name, how they got it, what it means to them, etc.) OR for larger groups, the facilitator can divide the group into pairs for the same activity and ask some to report back on their partner's name.



Gender and Intercultural Awareness Network Introductory/Icebreaker Lesson 6: If I Were...

Name of Activity:	If I Were
Note:	An icebreaker more suitable for a group familiar with one another)
Objectives:	 To introduce participants to one another and create a safe working environment.
Time:	5 to 10 minutes
Materials:	Pieces of paper Crayons or pencils
Directions:	1. Participants are each given a piece of paper and some crayons and asked to draw a picture that represents their personality in the middle of the paper. On each corner of the paper, participants are asked to complete the following questions:
	If I were a country, I would be If I were a famous woman, I would be If I were a famous man, I would be If I were an animal, I would be (Adjust questions for your context)
	2. Participants return the papers to the facilitator who gives each person someone else's paper and ask them who they think it belongs to OR participants can keep their pages and explain their picture and answers in a group setting.



Gender and Intercultural Awareness Network Introductory/Icebreaker Lesson 7: Silent Greetings

Name of Activity:	Silent Greeting
Objectives:	1. To introduce participants to one another and create a safe working environment
Time:	5 minutes
Materials:	None needed
Directions:	 Participants are asked to move around the room observing everything and everyone in the room without speaking. Participants are then asked to greet each person in the room without using words. Everyone must be sure to have greeted everyone in the group.



Gender and Intercultural Awareness Network Introductory/Icebreaker Lesson 8: The Name Circle

Name of Activity:	The Name Circle
Objectives:	 To introduce participants to one another and create a safe working environment; To help people learn each other's names.
Time:	5 minutes
Materials:	None needed
Directions:	 Participants are asked to stand in a circle One person is asked to take a step forward and say his or her name clearly to the rest of the group, then step back into the circle. The rest of the circle steps forward repeating the name that was just said. This process repeats until each person has said their name



Gender and Intercultural Awareness Network Introductory/Icebreaker Lesson 9: Follow the Leader

Name of Activity:	Follow the Leader
Objectives:	 To create a positive working environment; To allow each member of the group to experience being a leader
Time:	10 minutes
Materials:	None needed
Directions:	 Ask participants to stand in a circle. The facilitator explains that one of them will be the leader and the rest of the participants line up behind him/her. The leader will move around the room making gestures, sounds, movements, etc. and the person behind the leader will repeat the action and this continues down the line. After the last person has completed the action, the leader moves to the end of the line and the process is repeated with a new leader.



Gender and Intercultural Awareness Network Introductory/Icebreaker Lesson 10: Stereotypes

Name of Activity:	Stereotypes
Objectives:	 To introduce the concept of 'stereotypes' to participants; To have participants think critically about whether or not to accept a stereotype.
Time:	30—45 minutes
Materials:	Flip chart paper Flip chart markers
Directions:	 On flip chart paper, write down 'men' on one sheet, 'women' on another. Ask participants to write down stereotypes of each gender on the paper. Discuss the stereotypes with the group. Participants mark beside each stereotype whether they: Agree Disagree Don't Know Facilitator leads a discussion about why people agree or disagree with the stereotypes. Facilitator leads a discussion about the value or lack of value of stereotypes.



	Gender and Intercultural Awareness Network Action Lessons Lesson 1: Diversity Through Music
Name of Activity:	Diversity Through Music
Objectives:	 To increase students awareness of the different styles of music that are a part of the global culture; To demonstrate that music, dance and instruments reflect a culture's history and heritage; and To challenge participants to think and act beyond their comfort zone in order to understand and appreciate others.
Time:	45–60 minutes
Materials:	Computer Data Projector & Screen
Web-based resources: ~Great listing of BBC recommended world music sites: http://www.bbc.co.uk/ radio3/worldmusic/worldmusiclinks.shtml ~Zambezi Express, Zimbabwean and South African Dance Musical: http:// www.youtube.com/watch?v=fxfTx5uotq4 ~Philippine Leyte, traditional Filipino dance performance: http:// www.youtube.com/watch?v=8SqZRQWC6AQ&feature=related Facilitators should also explore additional world music. Some suggestions include:	
Septeto Nacional, Cuba; Femi Kuti, Nigeria; Ali Farka Toure, Mali; Ry Cooder, North America; Gocoo, Japan. Alternative genres include: Rai, Algeria; Son, Cuba; Taiko, Japan, Bhangra, India; Cajun, United States.	
Directions:	1. Musical Warm-up: Ask participants to sit in a circle and explain that a sound will be passed around the circle, have one person start and the person on the right repeat the sound until everyone has participated. Sample sounds include clapping, clicking fingers, pat thighs, stomp feet, etc.



Gender and Intercultural Awareness Network Action Lessons Lesson 1 continued: Diversity Through Music

2. The facilitator should ask participants questions about music: What kind of music do you like? What does music mean to you? When is music listened to/used? How does music affect you physically, mentally or emotionally? Do you enjoy music from other parts of the world?

3. Present a short video or audio clip of music from a different part of the world. Ask participants questions such as: What are the similarities between this music and the music you generally listen to? Differences? Do you think music can bring people together?

	Gender and Intercultural Awareness Network Action Lessons Lesson 2: Why People Move
Name of Activity:	Why People Move
Objectives:	 To understand why people migrate To relate migration patterns to economic, social, political and environmental factors
Time:	30 minutes
Materials:	Excerpts from <i>Waterford Stories: Seeking Asylum in Modern Ireland</i> (or other stories about people who have moved); Flip chart paper Flip chart markers
Directions:	 Participants read a story about someone who has moved The facilitator leads a discussion based on the story, potential questions could be: Does anyone know anyone who has moved country? How do you think it made that person feel to move (happy, sad, excited)? Participants brainstorm a list of reasons why people move which facilitator writes on flip chart paper. Facilitator leads discussion about the reasons, being clear on the difference between moving and migration. Put participants into groups of 3 or 4 and have them discuss what 10 items they would bring if they had to move at a moment's notice. An additional activity is to compare their list with Oxfam's 10 essential things every person should have. Facilitator leads discussion about positive and negative things about migration.



Why People Move Kawaya Democratic Republic of the Congo To Ireland

Kawaya has just recently arrived in Ireland from the Democratic Republic of the Congo. Kawaya says he misses his country but that it is not a good place because of the constant warfare and the lack of human rights. Kawaya's tribe had originally come from Rwanda and even though they have lived in the DRC for a century, they still face persecution from the dominant tribe.

Kawaya had been working for an organisation that helped children impacted by the war. One day after the children had been fed, one of them got sick. Kawaya took him to the hospital but despite getting treatment, the child died. The child was from the main tribe and Kawaya was accused of intentionally poisoning him and was put in jail.

Kawaya was locked up and beaten for 30 days while the soldiers tried to get a confession. He was able to convince one soldier to contact his mother who paid the man to free Kawaya. There was an order placed to kill Kawaya but he managed to stay close enough to the United Nations peacekeepers to flee into Rwanda. Kawaya says that because there are no human rights in the DRC, that he would never be able to get a fair trial and would be killed if he returned.

Kawaya's mother had given the soldier Kawaya's papers and money and he was able to make his way to Ireland and ask for asylum. He says that the people who he spoke to first in Dublin airport were lovely, they gave him food and didn't beat him. He appreciates that in Ireland the people are safe and there is the rule of law.



Why People Move Sahide Kosovo to Ireland

Sahide and her family left Kosovo in 1999 because of the Serbian campaign to drive the Kosovar Albanians from their homes. It is estimated that close to a million people were forced to flee Serbian forces and another half a million were displaced within the region. Sahide and her family originally went to a refugee camp in Macedonia and from there to Dungarvan. Despite having lived here safely for a number of years, to this day she has a difficult time speaking of the time spent in the refugee camp.

Sahide was 14 years old at the time and had only heard English spoken on television. She recalls arriving off the bus in Dungarvan to a great welcome from the local people who knew what their family had been through. Sahide and her family were accepted into Ireland as programme refugees, a status granted to people suffering extreme emergency situations in their home countries.

The family spent a year and a half living in Dungarvan where she and her brothers and sisters went to school. After the cease fire in Kosovo, the family hoped that the situation had improved enough to make their lives in Kosovo but they soon realised that it was still too dangerous to raise their family there. The family eventually moved to Waterford where Sahide hopes to pursue her dream of going to school and becoming a nurse.

	Gender and Intercultural Awareness Network Action Lessons Lesson 3: Moving Debate
Name of Activity:	Moving Debate
Objectives:	 To introduce controversial topics to participants by encouraging them to choose a position To enhance critical thinking skills through participant's defence of their position
Time:	10—15 minutes
Materials:	Statement cards for facilitator
Directions:	 Participants are asked to stand in the middle of the room (note: this works best with a good amount of space) The facilitator explains that statements will be read and if the participants agree they should move to one side of the room and if they disagree they should move to the other. The facilitator should encourage participants to explain their position and participants should move from one side to the other if their views are impacted by what others have to say.
	 The facilitator should encourage active debate on the topics.
Sample Statements:	 Everyone should be able to live in any country they want. People should be allowed to express their religion through their clothes and jewelry. Gender roles are all learned behaviour. Note: Statements should be tailored for the age and composition of the group that you are working with.





Gender and Intercultural Awareness Network Action Lessons Lesson 4 continued: People From Another Planet

3. The facilitator invites the remaining participants to rejoin the group and explains that they are a human delegation visiting a new planet. They are being welcomed by an alien delegation who have organised this ceremony.

4. The facilitator should not become involved in the role play. After 5 to 10 minutes, the facilitator declares the end of the activity.

Note: It is important to debrief participants after this type of activity, allow them the opportunity to come out of character and reflect on the exercise.

5. The facilitator explains the rules of the role play and asks for feedback on the following types of questions:

~ What are your thoughts on this activity? What did you like, what didn't you like?

~ What lessons, if any, have we learned from this activity? ~ Should we judge other cultures by our own standards? What problems does that pose? Are there any times when we Should judge other cultures?

~ What changes would you make to this activity?

Note: Allow plenty of time for participants to provide feedback.

	Gender and Intercultural Awareness Network Action Lessons Lesson 5: Women & Men
Name of Activity:	Women and Men
Objectives:	 To uncover any stereotypes that people might have; To discuss the social and personal meaning of stereotypes.
Time:	20 minutes
Materials:	None needed
Directions:	 The facilitator asks participants to sit in a circle. The facilitator asks participants to close their eyes and imagine a person of the opposite gender that is well known in society. Participants should imagine the way this person walks, talks and otherwise expresses themselves. Participants should raise their hands when they have someone in mind. Participants are asked to stand up and move around the room as if they were the person that they were imagining, greeting all of the other people as they go. The facilitator asks people to stop moving and goes around the room placing a hand on each person's shoulder to allow that person to reveal their identity. The facilitator asks participants to return to their identity and their seats. Participants are asked to share their thoughts on the activity with questions such as: Did anything surprise you about acting as the other gender? Are there 'typical' ways people act depending on their gender?

	Gender and Intercultural Awareness Network Action Lessons Lesson 6: Peter and Agnes
Name of Activity:	Peter and Agnes
Objectives:	 To explore images and stereotypes that we have of people from different cultures; To explore the difference in our expectations for men and for women.
Time:	30 minutes
Materials:	A ball or other small item that can be easily tossed Flipchart paper and marker
Directions:	 The facilitator asks participants to sit in a circle. Participants are to create a story together. The person with the ball gives one or two sentences about the story and then throws the ball to someone else who adds two more sentences and so on. The first part of the story is about Peter, a young Irish man. After 10 or 12 turns, the facilitator asks for the ball and says: Peter meets Agnes, a young Nigerian woman, who also has a story. And then throw the ball back to somebody. After a few minutes, stop the activity. Ask participants what images of Ireland and Nigeria were present in their story; and what images of men and women. Record these answers on flipchart paper. Discuss what is a stereotype and whether any of the images recorded on the flipchart paper are stereotypes.

	Gender and Intercultural Awareness Network Action Lessons Lesson 7: Action Theatre
Name of Activity:	Action Theatre
Objectives:	 To increase participants awareness of stereotypes; To explore the relationship between genders and between cultures.
Time:	45—60 minutes
Materials:	Film clip and method for showing to class
Directions:	 Show participants a scene from a film, tv show or a clip from the internet that portrays negative relations between genders or between cultures. Ask participants to act out the scene as it happened in the film. Discuss the scene with the participants focusing on the conflict that occurs between genders or between cultures. Act the scene again with the same actors except this time a member of the audience can stop the action and take the place of one of the actors have the scene finish in a different way. It is possible to do this more than once. Finish the activity with a discussion, possible discussion questions include: Are gender roles and activities similar or different based on one's culture? Are gender roles the same within a culture over a period of time or does it vary? Have the roles of men and women changed over time in employment? Politics?

	Gender and Intercultural Awareness Network Action Lessons Lesson 8: Migration Movements
Name of Activity:	Migration Movements
Objectives:	 To understand migration as a worldwide phenomena; To understand the history of immigrants in participant's country.
Time:	First Session: 15 minutes Second Session: 1 hour
Material:	Paper Art Supplies Coloured string Thumb tacks Peters Projection Map
Directions: First Session:	 Participants are asked to find one or two people in their family or community who has emigrated to this country and ask them to write down the following information: Country of origin Country of destination Age when they emigrated Reasons (family, economics, tourism, politics, job) How they felt when they first arrived in their destination country.
Second Session:	 After the information is collected, participants should share their findings with the group. Using a Peter's Map and coloured string, ask the participants to match the country of origin to the country of destination. Ask participants to create a mural of the information they have collected. A follow-up to this activity is to display the work that is created.

	Gender and Intercultural Awareness Network Action Lessons Lesson 9: Walking in their Shoes
Name of Activity:	Walking in their Shoes
Objectives:	1. To understand the difficulties faced by immigrants.
Time:	1 hour
Materials:	Paper and pens
Directions:	 Ask participants to answer the following questions on a piece of paper: If you had to leave your country, what is the first thing that you would miss? What difficulties do you think you would find in a new country where you were not familiar with the language, life style, culture? What would you need from the people of that country? Ask participants to move into groups of 4 or 5 and discuss how they answered these questions. Ask each group to prepare a mime that illustrates how they would approach and greet people from different countries. After each group has performed their mime, ask participants to move back into the large circle and share their thoughts on the activity and what this tells us about our interactions with other cultures.
	Gender and Intercultural Awareness Network Action Lessons Lesson 10: Forum Theatre
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Name of Activity:	Forum Theatre
Objectives:	 To increase students awareness of gender and cultural stereotypes; To explore the concept of equality between men and women or between cultures; To challenge negative attitudes and behaviours.
Time:	1 hour
Materials:	Sketch script (included here)

Directions:

Note: During this activity, participants will take on roles in intercultural/gender sketch. Forum Theatre is based on the methodology of Augusto Boal. This is a complex pedagogical tool and we recommend additional preparation prior to putting into action. This is a simplified version of Forum Theatre and is designed as an introduction to Boals methods. Additional resources are included at the end of the manual.

1. Ask participants to volunteer to play one of the three characters in the sketch.

2. After the sketch is performed, ask participants to identify who is the oppressor and who is the victim.

3. The facilitator should ask participants to think about a solution to the problem presented in the sketch and have three different actors replay the sketch with a different ending.



Gender and Intercultural Awareness Network Action Lessons Lesson 10 continued: Forum Theatre

Sample Sketch

Characters:

Sara is a daughter of an immigrant couple. She is well educated and she has also a strong personality.

David is a charming young man and is easily influenced..

Mary is an intolerant person with a lot of prejudices.

Script:

Sara is sitting down on a bench of a bus stop. Suddenly Mary and David turn up.

MARY- If the bus arrives too late... we will be late for sure. **DAVID-** Yeah...well, we can sit down. MARY- Are you joking? Next to "that" thing? (pointing at Sara) **DAVID-** Ehhh...come on, calm down, don't be like that... MARY- But it's true, look at her, I'm sure that if you sit down next to her, you will be infected! I can even smell her!! It's digusting... DAVID- Why do you say this? MARY- These people have no idea of anything SARA- Excuse me, do you know which is the bus that goes to the Major Street? DAVID- Ehhh...yes...well....I don't know...but she...knows... MARY- No, no, no...We have no idea. DAVID- Oh! Yes. It's the one that you take everyday !!. MARY- Don't speak to her!! She will take advantage of you, as all immigrants do... **DAVID-** Well... (to SARA), we don't know. SARA- Ok, thanks. MARY- I am tired. I would like to sit down for a while. This bus is taking so long... **DAVID-** Well, there is a free place just there (indicating bus stop bench) MARY- Come on... do you think I will sit next to her? I will prefer to die of tiredness... **DAVID-** Well, you are not being serious. MARY- Yes, I am being serious. Immigrants take everything from us, even benches...



Gender and Intercultural Awareness Network Action Lessons Lesson 10 continued: Forum Theatre

Sample Sketch

DAVID- Wait! I have an idea. (To SARA) Listen, where would you like to go?
SARA- To Major street.
DAVID- Ok (with sarcasm), here (pointing to a map next to the bus stop) you have a map with all the bus lines... (Sara stands to look at the map)
SARA- Ah! Ok, thank you very much!
DAVID- You are welcome, baby.

DAVID sits down in SARA's place, and tells MARY to sit down next to him.

MARY- Heyy...Give me five!! DAVID-Yeahhh, that was brilliant!! SARA- Hey! Can I sit down there? DAVID- No. SARA- But, I was there before, it was my place! DAVID- Exactly. You were. You WERE. Past. I AM. Present. SARA- Come on, move on DAVID- I said no. MARY- Don't you hear him? Go away!! You come here and take everything. You don't have the right to talk to me. Go away to your country!!!! SARA- Which country? I am from here. I was born here. DAVID- Ok girls. This is taking it too far... MARY- It's not taking it too far, I'm just saying what I think of these people...

MARY takes a magazine which belongs to SARA. SARA tries to get it back. DAVID is between them.

SARA- Give me back my magazine. MARY- Sorry, I don't understand you, foreigner. Do you want me to give you back your magazine?



Gender and Intercultural Awareness Network Action Lessons Lesson 10 continued: Forum Theatre

SARA-Yes!!

MARY-Ok, well, try to get it then... Where did you get it from? Did you steal it, did you? DAVID- OK...calm down, please...this is enough SARA- Tell your friend to give me back my magazine!! DAVID-Ehh...well... MARY- Hey!! Why are you talking to her? DAVID-Eeehh...

MARY try to hit SARA, but DAVID is between them.

DAVID- Leave me alone, ok? I am going home by taxi. I don't want to know anything about either of you!!







	Gender and Intercultural Awareness Network Reflective Lessons Lesson 2: Holiday Snaps*
Name of Activity:	Holiday Snaps
Objectives:	 To explore where images of the Global South come from through a visualisation exercise; To introduce the idea that our images of the Global South are one dimensional through a discussion of the types of images produced.
	NOTE: This activity focuses specifically on Africa but any region or country could be used.
Time:	20 minutes
Materials:	Blank paper Art materials (crayons, markers, coloured pencils) Flip chart/white board & markers
Directions:	 The facilitator asks participants to get comfortable and close their eyes for a mental journey. The facilitator asks participants to imagine the following: Imagine that you are in Africa, picture your surroundings, what time of day is it? What is the weather like? What kinds of plants and animals do you see? As you walk through the scene, you see some people, what do they look like? What are they doing? You come to some houses, what do they look like? How big are they? What are they made from? You enter a house, what is it like inside? What are the people doing?



Gender and Intercultural Awareness Network Reflective Lessons Lesson 2: Holiday Snaps* (continued)

Directions:	 3. Distribute the art supplies and paper. Ask participants to draw the scene that they had just imagined. Explain that there is no right or wrong, and encourage them not to compare their drawings until they are all finished. 4. Display the pictures around the room. If anyone is uncomfortable, they do not have to display their picture. 5. Facilitator should ask participants what the commonalities are among the pictures and list them on the flip chart/white board. 6. Possible discussion questions include: ~ Is this an accurate portrayal of Africa? ~ Would the people of Africa be happy with the way their continent is being portrayed? ~ What role does the media play in creating these images of Africa and other parts of the Global South?
Follow-up:	Participants can look for images of the Global South in general media sources. The facilitator can provide alternative images of Africa (please see photopack at the back of this manual for some possibilities).

* This lesson courtesy of the National Youth Council of Ireland

	Gender and Intercultural Awareness Network Reflective Lessons Lesson 3: Folktales
Name of Activity:	Folktales
Objectives:	 To use folktales to help participants understand people, their values and environment and how they differ across cultures; To enhance critical thinking skills as participants analyze folktales from different cultures.
Time:	30—45 minutes
Materials:	Folktales (two are included here, but many other are available on the internet or in the library) Map Flipchart/white board & markers
Directions:	 The facilitator starts with a discussion about folktales, prompting participants prior knowledge of folktales, asking for examples from their own lives and what can folktales tell us about a people? The facilitator reads a folktale or participants can do the reading with each person taking one or two sentences. Ask participants to think about other stories that they have heard that might be similar. What is it about the folktale that seemed familiar? (It could be a phrase, sentence, character, animal). Identify and analyze lessons from the folktale. What do these lessons tell us about the values and traditions that are important to this culture? Split the group in half and have the participants rewrite the folktale making it a story based in the modern world but which still mirrors the issues of the original folktale. Share and discuss with larger group.

How the Monkeys Saved the Fish

The rainy season that year had been the strongest ever and the river had broken its banks. There were floods everywhere and the animals were all running up into the hills. The floods came so fast that many drowned except the lucky monkeys who used their agility to climb up into the treetops. They looked down on the surface of the water where the fish were swimming and gracefully jumping out of the water as if they were the only ones enjoying the devastating flood.

One of the monkeys saw the fish and shouted to his companion: "Look down, my friend, look at those poor creatures. They are going to drown. Do you see how they struggle in the water?" "Yes," said the other monkey. "What a pity! Probably they were late in escaping to the hills because they seem to have no legs. How can we save them?" "I think we must do something. Let's go close to the edge of the flood where the water is not deep enough to cover us, and we can help them to get out."

So the monkeys did just that. They started catching the fish, but not without difficulty. One by one, they brought them out of the water and put them carefully on the dry land. After a short time there was a pile of fish lying on the grass motionless. One of the monkeys said, "Do you see? They were tired, but now they are just sleeping and resting. Had it not been for us, my friend, all these poor people without legs would have drowned."

The other monkey said: "They were trying to escape from us because they could not understand our good intentions. But when they wake up they will be very grateful because we have brought them salvation."

(Traditional Tanzanian Folktale)

The Giraffe and the Monkey

The giraffe is an animal with a very long neck and legs and with dark patches on his coat. His legs and neck are so long that when he stands by a tree he can stretch his neck and eat the leaves on top of the tree. One day, he was standing in a pond; a monkey in a tree nearby asked him whether the pond was deep. The Giraffe said that the water level was only up to his knees. The monkey felt that since the water level was only up to the knees of the giraffe, then perhaps the pond was not deep. But soon he realized he had made a mistake because the pond was deep. He was drowning and started shouting for help. The Giraffe quickly went to rescue him and took him out of the pond. Then the monkey became angry and blamed the giraffe for throwing dust into his eyes.



Gender and Intercultural Awareness Network Reflective Lessons Lesson 4: Facts and Opinions

Name of Activity:	Facts and Opinions
Objectives:	1. To distinguish between fact and opinion.
Time:	20—30 minutes
Materials:	Different coloured paper with fact written on one, and opinion on the other (enough for each participant to have their own set)
Directions:	 The facilitator leads a discussion about what is fact and what is opinion and hands out the papers with fact and opinion written on them. The facilitator reads out statements and participants have to raise the sign of fact or opinion depending on which one they think it is. Participants should discuss why they have chosen fact or opinion and are allowed to change their minds if someone convinces them.
	Sample statements: Bananas have curves. Bananas taste good. Female teachers are nicer than male teachers. Red is a colour. Boys like blue. Women give birth. Women are better cooks than men. Boys like rough play.

	Gender and Intercultural Awareness Network Reflective Lessons Lesson 5: History Time Line
Name of Activity:	History Time Line
Objectives:	 To identify recent history and events relating to equality and immigration policies; To relate current events to milestones in their own or their family's lives.
Time:	30 minutes
Materials:	Information source (library, internet, newspapers, etc.) Paper and pens
Directions:	 The facilitator asks participants to look for information about equality and immigration in their country and in the world. Participants draw a timeline and highlight these events on the timeline. Participants then add in their personal milestones, birth dates, marriages, etc. and share their impressions about how history relates to their own lives.



Gender and Intercultural Awareness Network Reflective Lessons Lesson 6: Labels

Name of Activity:	Labels
Objectives:	1. To explore stereotypes and labels.
Time:	20 minutes
Materials:	Labels & pens
Directions:	 The facilitator writes different nationalities, professions, etc. on the labels and each person puts one on their forehead without looking at what it says. The facilitator explains to the participants that they are at a party and have to behave towards others based on the roles on the labels that the other has on his or her head. After ten minutes of interaction, participants should guess what role they were given based on how people treated them. Participants should discuss the experience, how they figured out who they were, how they felt when people treated them differently, and what this says about how we stereotype other members of our society.

	Gender and Intercultural Awareness Network Reflective Lessons Lesson 7: What Is A Stereotype
Name of Activity:	What Is A Stereotype?
Objectives:	 To recognize stereotypes found in common media sources; To distinguish between positive and negative gender or cultural images.
Time:	30 minutes
Materials	Flip chart paper Magazines, Newspapers, etc. Glue Scissors
Directions:	 Participants should be divided into groups of 3 or 4. Each group looks through the magazines and newspapers looking for images that portray stereotypes of men and women, or of different cultural or ethnic groups. Participants then paste the images on to the sheets of flip chart paper and then each group should explain what stereotypes the images represent. Discussion questions could include: Is there such thing as a good stereotype? Or is it always bad to assume things about people? What is the difference between the way we stereotype different genders or different cultures? Are the ways in which people stereotype you? How does that make you feel?

	Gender and Intercultural Awareness Network Reflective Lessons Lesson 8: Boys and Girls
Name of Activity:	Boys and Girls
Objectives:	 To raise awareness of the stereotypes we have about being a boy or being a girl; To discuss the problems associated with having gender stereotypes.
Time:	20 minutes
Materials:	Flip chart paper/white board and markers
Directions:	 On two pieces of flip chart paper or on a divided white board, write the words 'boy' and 'girl' at the top. Participants should call out stereotypes of either boys or girls and the facilitator writes these down in the appropriate place. Facilitator leads discussion on what it means to be a boy and what it means to be a girl based on those stereotypes and whether or not people agree.

	Gender and Intercultural Awareness Network Reflective Lessons Lesson 9: Stereotypes in Action
Name of Activity:	Stereotypes in Action
Objectives:	 To uncover gender and cultural stereotypes in media; To discuss the ways that these stereotypes impact our perceptions of gender and culture.
Time:	30 minutes
Materials:	Scrap paper
Directions:	1. The facilitator reads a short scene from a play or a movie or constructs one themselves).
Sample:	In a welding classroom, the teacher asks students to work in teams of 3 or 4 and then instructs the boys to help the girls with the project.
	 2. The students are asked in small groups to point out the stereotypes in the situation described. 3. Discussion questions could include: ~ Have you ever been in a similar situation? ~ Is it possible to not have stereotypes? How could the story be told differently to not include any stereotypes?

	Gender and Intercultural Awareness Network Reflective Lessons Lesson 10: Reflecting Back
Name of Activity:	Reflecting Back
Objectives:	1. To allow participants to reflect on their learning; 2.To involve all participants in sharing their personal reactions.
Time:	20 minutes
Materials:	Paper and pens Small box
Directions:	 Ask participants to sit in a circle. Ask each person to write on a piece of paper their thoughts and feelings about the learning that has taken place. Ask them to focus specifically on the content of what they have learned rather than the process. These thoughts should be anonymous. Each person puts their piece of paper into the box, the facilitator then randomly picks out a piece of paper and shares what is on it. Discussion should take place around what is on the paper.
Note:	There are a number of different ways to achieve these objectives. Alternative forms of this activity include: ~ Big Circle, Small Circle: In this form, participants discuss in small groups what has taken place and then choose one person to report back to the larger group. ~ Just the Big Circle: In this form, participants share their reactions openly as part of the larger circle. It is important that all participants are allowed to speak and that respect is given to each person during their turn.





Gender and Intercultural Awareness Network Evaluation Activity Lesson 1: The Circle

Name of Activity:	The Circle
Objectives:	 To evaluate participants awareness of gender or cultural stereotypes; To evaluate the effectiveness of the lesson.
Time:	5 minutes
Materials:	The Circle (provided on next page), it is also useful to draw this on to flip chart paper and ask participants to put their mark as they are leaving).
Directions:	 Ask participants to evaluate the lesson in four categories: Personal Awareness: Are you more aware of stereotypes? Method: Do you like the approach of the facilitator? Content: Have you learned something? Stereotypes: will you change your behaviour or take some action based on what you have learned? Either pass out a copy of the Circle or post one up in the room. Ask participants to mark an 'X' in each of the four sections, the closer to the middle means that they think it was successful, the further out, the less successful. Participants should not put their names on the forms and should return them to the facilitator before they leave the workshop space.





Gender and Intercultural Awareness Network Evaluation Activity Lesson 2: 3-2-1

Name of Activity:	3-2-1
Objectives:	 To assess participants learning throughout the course of the workshop; To allow participants to critically assess their own response to the activities.
Time:	5 minutes
Materials:	Paper and pencil
Directions:	 Based on the workshop, ask participants to answer the following: What are the 3 things you have learned from this workshop? What are 2 questions that you still have? What is the 1 thing that you enjoyed the most about this workshop?
Notes:	This activity can also be done in small groups. Participants can be provided with coloured post-it notes and place their answers on flip chart paper posted around the room.



Gender and Intercultural Awareness Network Evaluation Activity Lesson 3: Human Line

Name of Activity:	Human Line
Objectives:	 To encourage participants to express their feelings and thoughts about the workshop; To enhance critical thinking skills; To use the physical mode of expression.
Time:	10 minutes
Materials:	None needed
Directions:	 The facilitator explains that there is a line running down the centre of the room that acts as a continuum, on the one end is 'completely true' and on the other 'completely untrue'. The facilitator then reads a series of statements and participants will move along the imaginary line depending on their answer.
	Sample statements include: ~ This activity made me feel good. ~ This activity has been useful. ~ The directions for the workshop were easy to follow. ~ I learned something interesting. ~ I would like to change my behaviour based on what I learned. ~ I would like to take action based on what I learned.



Gender and Intercultural Awareness Network Evaluation Activity Lesson 4: The Bin and the Suitcase

Name of Activity:	The Bin and the Suitcase
Objectives:	 To obtain a visual measure of the effectiveness of the activities presented in the workshop; To enhance participants critical thinking skills by encouraging them to take a position.
Time:	5 minutes
Materials:	Drawings of a bin and a suitcase (included here) Post-it notes
Directions:	 Ask participants to write on one of the post-it notes the activity that they liked the most and on the other one the activity that they liked the least. Ask participants to place the one that they liked the most on the suitcase and the one that they liked the least on the picture of the bin. If time permits, the facilitator can read out the results and ask participant's opinions. Did everyone like/dislike the same activity? What might be the reasons for this?







Gender and Intercultural Awareness Network Evaluation Activity Lesson 5: Evaluation Questions

Name of Activity:	Evaluation Questions
Objectives:	 To evaluate participant's learning; To encourage participant's to use their learning in their everyday lives.
Time:	15 minutes
Materials:	Pens Questionnaire (included here)
Directions:	 The facilitator should refresh participants about all of the activities that have been included in the workshop. Distribute the questionnaires and ask participants to answer each question fully. Participants should be asked if they would like to share anything from their questionnaires with the whole group. Collect the questionnaires for your own or your organisation's information.
Note:	The facilitator should simplify questions or change them to fit the particular context of the workshop.

1. Of all the activities that we did during the workshop, which one has been your favourite and why?

2. What new things have you learned?

3. In what ways have these activities helped you to change your attitude?

4. What things can you do in your everyday life to convert this learning into action?



Gender and Intercultural Awareness Network Evaluation Activity Lesson 6: Think, Pair, Share

Name of Activity:	Think, Pair, Share
Objectives:	 To allow participants to respond critically to workshop materials and engage in meaningful dialogue with their peers; To encourage participants to engage with the larger group regarding their ideas and questions.
Time:	10 minutes
Materials:	Scrap paper and pens
Directions:	 The facilitator should ask participants to reflect on an evaluation question based on the workshop. Sample questions include: What was the most important thing I learned today? What is one activity that I will do as a result of what I learned? Participants are then put into pairs and asked to share their thoughts on the evaluation question. Bring participants back into the larger group and ask each partner to share what the other half of their partnership has told them.



Gender and Intercultural Awareness Network Evaluation Activity Lesson 7: The Evaluation Tree

Name of Activity:	The Evaluation Tree
Objectives:	 To assess participants' learning throughout the workshop; To allow participants to critically assess their own reactions to the workshop.
Time:	5 minutes
Materials:	Flip chart paper/White board and markers/Attached tree
Directions:	 On a piece of flip chart paper or on a white board, draw a tree with as many branches as you have things that you would like to evaluate (a sample is included here). Participants should write in what they thought of each of the aspects of the workshop that you have chosen to evaluate.





Gender and Intercultural Awareness Network Evaluation Activity Lesson 8: Mime Evaluation

Name of Activity:	Mime Evaluation
Objectives:	 To evaluate the change in participants' attitudes from before to after the workshop.
Time:	10—15 minutes
Materials:	None needed
Directions:	 Refresh participants as to all of the activities that took place during the workshop. Put participants in groups of two or three people. Ask them to mime a scene about how they felt at the start of the workshop and then another scene to show how they felt after the workshop.



Gender and Intercultural Awareness Network Evaluation Activity Lesson 9: Where Am I?

Name of Activity:	Where Am I?
Objectives:	 To evaluate participant's learning during the workshop; To encourage participants to use their learning in everyday life.
Time:	10 minutes
Materials:	None needed
Directions:	 The facilitator asks participants the following questions (or similar types of questions): Are you aware of gender/cultural stereotypes? Which ones? Can you argue for equality between genders/cultures? Can you identify stereotypes? Can you change your opinion about a stereotype?



Gender and Intercultural Awareness Network Evaluation Activity Lesson 10: Small Groups and Big Groups

Name of Activity:	Small Groups and Big Groups
Objectives:	 To allow all participants to share their reaction to the workshop; To evaluate the effectiveness of the activities.
Time:	15 minutes
Materials:	None needed
Directions:	 Divide participants into groups of 3 or 4. Ask participants to share their thoughts on the activity, both the content and the feelings associated with the workshop. Ask them what they thought was good about the workshop and what did not work for them. And finally ask them what they would have done differently. Each group should choose someone to report back to the larger group.

Additional Information

This page includes additional web sites that provide further background information to the economic, political and social situations in partner countries specifically and within the European Union generally.

Arcoiris: Arcoiris is a television channel accessed free of charge from the internet and includes independently produced material that are categorized and include gender and intercultural issues. Available in English, Italian, and Spanish. <u>http://en.arcoiris.tv/</u>

Africa Centre: The Africa Centre is a voluntary organisation that focuses on community empowerment, development education and influencing policy and is based within the African community in Ireland. Their website provides background information on the situation for immigrants living in Ireland. Available in English. <u>http://</u> www.africacentre.ie/

Banúlacht: Banúlacht is a feminist development education organisation located in Ireland that provides briefing papers and reports relating to gender and development. Available in English. <u>http://www.banulacht.ie/</u>

Demography in Figures: This website focuses on demographic data from Italy, broken down by year and category. Available in both Italian and English. <u>http://www.demo.istat.it/index_e.html</u>

Genrimages: This website focuses on the portrayal of gender in film and provides exercises to accompany many films that examine the portrayal of men and women. Available in French. <u>http://www.genrimages.org/</u>

Mix-Cité: Mix-Cité is a coeducational, feminist movement with the aim of equality between genders. Their website provides background information and lesson plans that focus on equality between men and women, boys and girls. Available in French. <u>http://www.mix-cite.org/</u>

National Women's Strategy,: This document was prepared by the Department of Justice, Equality and Law Reform in Ireland and outlines the Irish governments plan for mainstreaming gender equality throughout Ireland from 2007—2016. Available in English. <u>http://www.justice.ie/en/JELR/National%20Womens%20Strategy%</u> 20PDF.pdf/Files/National%20Womens%20Strategy%20PDF.pdf

Power and Gender: This website provides news, links, articles, meetings and services for women. Available in Italian. <u>http://www.power-gender.org/</u>

Psychological and Social Definitions: This website provides easily understood background information about psychological and social theories. Available in French. <u>http://www.psychologie-sociale.com/index.php?</u>

Racism in Italy: This website provides background information on racism in Italy including statistics, articles and links. Available in Italian. <u>http://www.italiarazzismo.it/</u>

Additional Resources

These pages provide links to websites that provide additional lesson plans and teaching resources either on gender and cultural issues that impact our societies and the European Union.

In English:

National Youth Council of Ireland: NYCI focuses on issues that impact young people. As part of their programme they have a strong development education and intercultural units that publish reports, lesson plans and provide training to youth workers. <u>www.youth.ie</u>

Trócaire: Trócaire is an Irish development charity that has an extensive online collection of lesson plans and workshop ideas. Their education resources section is divided by theme and covers both gender and intercultural work. <u>www.trocaire.org</u>

In French:

In Italian:

École: This website promotes several issues relating to the education of children and adults with a specific focus on equality, intercultural education and active citizenship. <u>http://www.ecolenet.it/</u>

In Spanish:



Lagos, Nigeria



Lagos, Nigeria





Accra Mall, Ghana



<u>Contact Us</u>

Gender and Intercultural Awareness Network www.xxx.xxx



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