

# TANZANIA

(FORMERLY LAKE NYASA)

MZUZU

NKHOTAKOTA WILDLIFE RESERVE



NATIONAL FLOWER: THE LOTUS

LAKE MALOMBE

LAKE CHIUTA

ZAMBIA

LAKE KAZUNI

NATIONAL ANIMAL: THOMPSONS GAZELLE

LILONGWE

DEDZA

### MOZAMBIQUE

BLANTYRE

MALAWI

# NATIONAL BIRD: BAR-TAILED TROGON

- LAKE CHILWA

ZOMBA

MOUNT MULANTE

# ZIMBABWE

# **MALAWI FACT FILE**

#### Capital: Wildlife:

#### Area:

Population: Currency: Religion:

Languages: President: Major Ethnic Groups:

Lilongwe Leopard, black rhino, elephants, hippos, buffalo and zebra 118,484 km2 (20% covered by lakes) 16 million 1 Malawian Kwacha (MK) 68% Christian; 25% Muslim; 5% Other Chicheŵa and English Ms. Joyce Banda

32.6% Chewa; 17.6% Lomwe; 13.5% Yao

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The Malawi flag has a black stripe that stands for the people of Africa. The colour red stands for the blood spilt in Malawi's struggle for independence; while the green symbolises the country's vegetation. The rising sun represents the dawn of freedom and hope on the African continent.



The national crest shows the rising sun representing the dawn of freedom in Africa, at the top and bottom of the shield. The fish eagle and the wavy blue and white bands on the shield symbolise Lake Malawi. The lion and the leopard support and guard the whole crest. The land at the base is the rugged Mount Mulanje. The Coat of Arms states the national motto "Unity and Freedom".



*Nyau* "mask" and the Gule *Wamkulu*, meaning "Great Dance" in English are an important part of Chewa culture.