



Objectives:

1. To learn about Children's Rights and Responsibilities
2. To explore who protects Children's Rights.

You will need:

Handout a copy of the [UNICEF Book of Children's Rights and Responsibilities](#).

Length: 40 Minutes

Content	Activity	Time
Introduction	<p>Children have many rights including the right to learn, have fun, be safe and feel listened to and respected. It is important that children along with parents, caregivers, and educators understand that along with rights come responsibilities to make sure everyone's rights are protected. For example:</p> <ul style="list-style-type: none"> ▶ Right to education = Responsibility to learn and not to prevent others from learning. <p>Hand out and read through the <u>UNICEF Book of Children's Rights and Responsibilities</u>.</p>	10 mins
Worksheet	<p>Using the <u>UNICEF Book of Children's Rights and Responsibilities</u>, ask children to fill in the first worksheet below.</p>	20 mins
Discussion	<p>Children have their own special set of rights because they are vulnerable to having their rights undermined, even by people who care for them.</p> <ul style="list-style-type: none"> ▶ So it is extra important for society to protect children's rights. ▶ Who in society protects your rights? 	10 mins
At Home	<p>Ask children to complete the second worksheet at home with their parents or caregivers.</p>	



I HAVE THE RIGHT TO... AND ALSO THE RESPONSIBILITY TO...

Right	My Responsibility
Feel safe	
A good education	
Be treated with respect	
Not to be hurt mentally or physically	
Have my property protected	
Speak and be heard	
Have my basic needs met	
Play	
Information	
My name	
Respect	
Equality	
My culture and beliefs	
Special care if I have any kind of disability	
Healthcare	
Privacy	
Being a child	



WHO PROTECTS MY RIGHTS?

Children need to have their rights protected in society. In the outer circle write down all the people or groups that can and should protect your rights.

